



CHRIST SCHOOL

(AFFILIATED TO CISCE, NEW DELHI)
Bengaluru - 560029, Karnataka



YEAR OF EDUCATION

THEME OF THE YEAR 2025-26



The Monthly Newsletter

EXCELSIOR

Ever upward and still higher...

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Editorial



Ms. Divya P M
Editorial Board

“When the Soul Learns to Breathe: The Quiet Power of Prudence and Composure”

In the rush of modern life, where decisions demand instant responses and emotions surge without warning, the virtues of prudence and composure rise like quiet sanctuaries for the spirit. They are not dramatic, nor do they sparkle with instant appeal. Yet, they hold the extraordinary power to shape a life of depth, clarity, and grace.

Prudence invites us to look beneath the surface of every moment, to think not only with the mind but with a wise, listening heart. It helps us sift through noise to find what truly matters, guiding our steps with a sense of purpose rather than impulse. Composure, its serene companion, teaches us the art of stillness. It allows the soul to breathe, bringing calm to confusion and offering light in moments that feel clouded. Together, these virtues help us rise above haste, respond from inner steadiness, and make choices that echo with wisdom. They remind us that strength is often quiet, and that clarity blossoms when we allow ourselves a moment of calm reflection.

As a community, may we embrace this gentle yet powerful way of living—allowing prudence to refine our vision and composure to cradle our spirit with peace.

Editorial Board



Ms. Divya P M



Ms. Revathi K



Sr. Jincy P L



Ms. Christeena Mariet M D



Ms. Vidya Dev



From the Principal's Desk

Fr. Nilson Davis CMI

“The Soul’s Gentle Architecture: Crafted by Prudence, Held by Composure”

“Wisdom is the art of choosing light even when the world dazzles us with many colours.”

If freedom were a vast night sky, prudence and composure would be the two luminous constellations guiding every wandering soul. Freedom may give us wings, but these virtues teach us how to fly-when to glide, when to rise, and when to rest. They are the invisible architecture that keeps liberty from drifting into chaos, the silent music that steadies the heartbeat of our choices.

In the high-spirited world of students-where thoughts race like shooting stars and dreams spark without warning-prudence enters as a gentle astronomer. It teaches young minds to chart their skies carefully, to distinguish real stars from mirages, to understand that not every glittering possibility leads to growth. Composure, its serene counterpart, becomes the soft gravity that keeps them centred, reminding them that clarity arrives not in haste but in stillness. Together, they transform youthful energy into luminous purpose.

Within the living tapestry of teaching, prudence becomes the golden thread that weaves wisdom into each lesson. It whispers to teachers when to hold firm and when to bend, how to correct without dimming a spirit, and how to guide without overshadowing a child’s brilliance. Composure flows like a quiet river through the classroom, calming storms before they thunder and bringing grace to moments where patience is tested. Through these twin gifts, teachers become not only carriers of knowledge but sculptors of character-steady, purposeful, and kind.

In the tender universe of parenthood, prudence stands as the lighthouse on the shore of unconditional love. It signals when to guard, when to release, when to speak, and when silence itself becomes the softest form of wisdom. Composure wraps anxious hearts with the calm of a sunrise, reminding parents that every stumble is part of the journey, and every storm carries the promise of new strength. Together, these virtues nurture a freedom grounded in trust-a freedom that allows children to spread their wings, knowing they will always have a safe horizon to return to. Thus prudence and composure, though quiet as breath, carry the power of transformation. They do not demand attention, yet they shape every life they touch-students, teachers, and parents alike. Their message is gentle but profound: true freedom is not measured by how loudly we claim it, but by the wisdom and calm with which we live it.

May we offer these two silent blessings through decisions that heal rather than hurt, actions that shine rather than shake, and words that lift rather than limit. For in the end, freedom is not a loud anthem, but a steady rhythm-kept alive by those who choose with care and walk with peace. “Freedom endures when the mind is wise enough to pause and the heart is calm enough to listen.”



Vice Principal's Message

Fr. Reji Koodapattu CMI

“Anchored in Light: The Spiritual Heart of Prudence and Composure”

In the quiet spaces of life, where the noise of the world softens and the heart begins to listen, the virtues of prudence and composure reveal themselves as sacred companions. They are not merely qualities to cultivate, but gentle whispers of the Divine-guiding us, steadying us, and shaping our journey with an unseen grace.

Prudence is the lamp of inner discernment. It invites us to look beyond the immediate, to seek clarity before action, and to recognize that every choice carries a spiritual echo. It aligns our steps with purpose, reminding us that wisdom is not found in haste, but in the thoughtful pause where the soul consults its deeper truth. Prudence becomes a channel through which the divine light of understanding flows into our everyday decisions.

Composure is the stillness where the presence of God can be felt most clearly. It calms the storms within, steadies the tremors of uncertainty, and allows the heart to breathe in the peace that comes from surrendering to a higher guidance. Composure does not silence emotion; it sanctifies it. It teaches us to carry serenity within, even when life moves unpredictably around us.

Together, prudence and composure create a harmony that elevates the human spirit. They help us move through life not with restlessness, but with reverence. They remind us that freedom is not the absence of boundaries, but the quiet strength to choose what is good, what is true, and what is aligned with the divine rhythm written into every life.

When these virtues dwell within us, our actions become more intentional, our thoughts more luminous, and our days more rooted in grace. They preserve the sanctity of our inner world and help us respond to life with dignity, faith, and clarity.

As we continue our journey, let us seek the gentle wisdom that prudence offers and the deep peace that composure bestows. May these virtues help us walk not just with intelligence, but with insight- not just with confidence, but with calm-so that our lives reflect the quiet touch of the divine that guides us each day.

For in the embrace of prudence and composure, we discover a life that is not only wise, but beautifully anchored in spirit.

MEET THE GREAT

SESSION 8 Real People, Real Purpose

**COMPETENCY-BASED LEARNING
& 21st CENTURY SKILLS
20th September 2025**

**Resource Person:
Ms. Akila Victoria Martin**



Session Highlights / Learning Outcomes:

- ◆ Understood the core framework of competency-based learning integrating knowledge, skills, attitudes, and values.
- ◆ Recognized the shift from memorization to mastery-based, personalized learning pathways.
- ◆ Emphasized fostering Critical Thinking, Creativity, Communication, and Collaboration.
- ◆ Explored methods to assess student competencies through real-life applications and reflective practices.
- ◆ Discussed curriculum planning aligned with global demands to build adaptability, resilience, and ethical decision-making.
- ◆ Strengthened teacher readiness to nurture independent, future-ready, and lifelong learners

Impact:

The session empowered teachers with strategies to build skill-driven, future-oriented classrooms that prepare students to thrive in a dynamic world.

Journeys of Wisdom: Events That Shaped Us

1. Key Perspectives of the Teaching Profession: Fr. Norbert Menezes, S.J.
2. Story telling in education: Mr Rishikesh KB
3. KIPS taining for mathematics department: Mr Avinash and Team
4. Orientation Program for English Teachers: Mr. Som Shubhra Karmakar,
Representative – Orient BlackSwan Publishers
5. Empowering Teaching with Digital Innovation: Mr. Avinash Kumar Sinha, Asset Regional Manager
6. Law & Awareness- Laws related to Children: Shri Muhammed Khan M. Pathan
7. Legal Awareness Seminar- Prof Dr Sairam Bhat

CELEBRATING TEACHERS, HONOURING LEGACY

The Teachers' Day celebration held on 6th September 2025 was a heartfelt expression of gratitude and admiration. The event was thoughtfully organised by the School Cabinet under the guidance of our Coordinators and Principal.

The celebration began with a grand slow march by the School Cabinet and NCC cadets, who escorted the dignitaries to the stage. The prayer dance, faculty blessing, and lamp-lighting ceremony filled the morning with divine grace.

This was followed by a warm welcome address delivered by the CSSA Secretary (Boy), Master Ananthram Sojin Kumar. The Primary Section then presented a delightful dance performance that captivated the audience.

Our Vice Principal, Rev. Fr. Reji, shared inspiring thoughts, followed by a melodious choir performance. The Middle School dance added rhythm and colour to the occasion. The entertaining "Guess the Teacher" game brought laughter and nostalgia to the hall.

Teachers were felicitated with prizes for sports and other competitions, after which the Chief Guest addressed the gathering with enlightening words that inspired both teachers and students alike. The fun-filled "Lucky Teacher" game followed, adding to the joy of the day.

Our Principal, Rev. Fr. Nilson, then delivered a heartfelt address that truly uplifted the spirit of the celebration. The High School students, cabinet members, and house captains set the stage alive with their energetic dance performance.

The event concluded with a gratitude speech by Ms. Sharafunnisa Begum, followed by the Vote of Thanks by CSSA Secretary (Girl), Miss Mahi Choudhary. The celebration came to a close with the School Anthem, echoing pride and unity throughout the hall. Teachers left with broad smiles—feeling honoured, cherished, and deeply appreciated.

As one of the Cabinet members, I can proudly say it was a wonderful experience and a true privilege to do something special for our teachers who inspire us every day.

Aliya Khanum
Sports Captain (Girl)
Class 9 D





EMPOWERING EDUCATORS: CISCE ZONAL SESSION ON ENGLISH LANGUAGE PEDAGOGY

The CISCE Zonal Programme in English Language was held on 28th August 2025 at Christ ICSE School, Dharmaram, Bangalore. The session was conducted by Ms. Ritu Patak, a renowned CISCE Trainer from Kolkata, and focused on enhancing teachers' understanding of English Language pedagogy and assessment at the ICSE level.

The programme was inaugurated by Rev. Fr. Nilson Davis CMI, Principal of Christ ICSE School, who in his address highlighted the importance of continuous professional development for teachers in maintaining academic excellence. The welcome address was delivered by Ms. Mini, Head of the English Department, who warmly greeted the dignitaries, trainers, and participants from various schools across India.

A large number of English teachers from different CISCE schools participated enthusiastically in the programme. The session was highly interactive, featuring discussions, question-and-answer sessions, and sharing of classroom experiences.

The resource person, Ms. Ritu Patak, conducted an engaging and insightful lecture on “How to Prepare Questionnaires for Class X English Language Paper I.” She elaborated on the marking scheme, question patterns, and techniques to frame balanced and comprehensive questions that align with the CISCE guidelines. Teachers actively participated by raising queries and sharing their teaching practices, making the session lively and productive.

The programme concluded with an expression of gratitude to the CISCE Board, the resource person, and the host school for providing such a valuable learning opportunity. The day proved to be informative, collaborative, and inspiring for all the educators present.

Mr Cyril Joseph



CELEBRATING UNITY AND TRADITION ONAM 2025 AT CHRIST SCHOOL CISCE



The staff of Christ School CISCE celebrated Onam with great joy and enthusiasm on 6th September.

The programme began with the creation of a beautiful Pookkalam (floral carpet), symbolizing prosperity and festivity. This was followed by cultural events, including soulful renditions of Onappattu by the teachers as well as the non-teaching staff. A graceful performance of Thiruvathirakali added traditional charm to the celebrations. To make the occasion livelier, fun-filled games such as Hula hoop, Bottle filling, and Vadamvali (tug of war) were organized, bringing excitement and togetherness among the staff.

The celebration concluded with the traditional Onasadhya, a grand vegetarian feast served on banana leaves, which brought everyone together in the true spirit of Onam.

The staff Onam celebrations at Christ School CISCE turned out to be a memorable and joyous event, strengthening bonds and spreading festive cheer among all.

Onam Celebration Committee



UNDER THE BENEVOLENT GAZE OF ST. MARY: A NEW CHAPTER AT CHRIST SCHOOL ICSE



The Christ School ICSE fraternity witnessed a momentous occasion with the Dedication and Blessing of the newly constructed St. Mary's Block, held on the auspicious Feast of St. Mary. The ceremony was graced by the presence of esteemed dignitaries of the CMI Congregation, staff, students, and well-wishers.

The program commenced with a warm introduction and welcome address delivered by Rev. Fr. Nilson Davis CMI, Principal, who extended heartfelt gratitude to the gathering and highlighted the significance of the new block in furthering the school's mission of holistic education.

The solemn blessing prayer was led by Rev. Fr. Thomas Chathamparambil CMI, Prior General of the CMI Congregation, invoking divine grace upon the building, its purpose, and its future occupants. Following this, the formal inauguration and ribbon cutting was carried out by Rev. Fr. Varghese Vithayathil CMI, Rector and Manager of Christ Group of Schools, symbolizing the opening of new avenues for learning and growth.

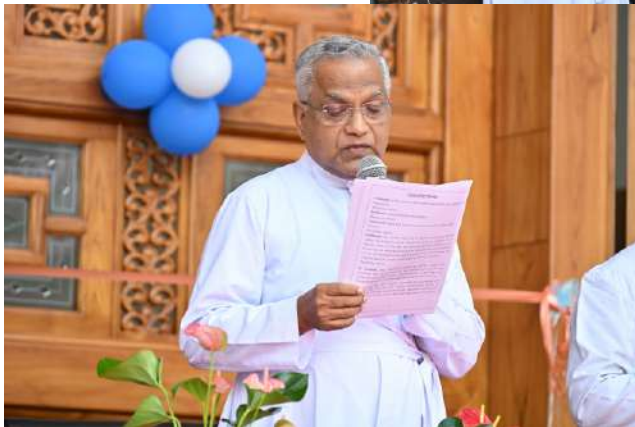
The ceremony continued with the Final Blessing imparted by Rev. Fr. Thomas Chathamparambil CMI, filling the atmosphere with spiritual fervor. He also shared an inspiring message, urging the students and teachers to embody the values of St. Mary — humility, service, and perseverance. Rev. Fr. Varghese Vithayathil CMI further addressed the gathering, appreciating the collective effort behind the completion of the block and reaffirming the commitment of the institution to nurturing young minds.

The event also featured the Vote of Thanks, proposed by Rev. Fr. Reji Koodappattu CMI, acknowledging the contributions of all who played a part in realizing this dream project. The occasion was made memorable with the release of balloons, symbolizing joy, freedom, and new aspirations, followed by a melodious Marian Song sung by the school choir, honoring the patroness of the block.

The Dedication and Blessing of St. Mary's Block was not merely an inauguration of infrastructure but a celebration of faith, community, and educational excellence. The day marked yet another step forward in the journey of Christ School ICSE, echoing the motto of striving for greater heights under the benevolent protection of the Blessed Mother.

Mr Paul Dhinarakan





TEACHING BEYOND THE TEXT

INSIGHTS FROM THE ICSE ENGLISH TRAINING SESSION

A Teachers' Training Programme on ICSE English Paper I and II was held on the 8th and 9th of September at the Vishwa Vidyapeeth Group of Schools, Yelahanka. The programme was organised by KISA and conducted by Ms. Norina Fernandes, an experienced educator and resource person in English language teaching.

The training session primarily focused on effective teaching strategies, preparation of question papers, and understanding the format and pattern of the ICSE English Papers I (Language) and II (Literature). Ms. Fernandes shared valuable insights on how teachers can make English lessons more engaging and interactive for students through creative approaches and activity-based learning.

Teachers were also guided on framing questions aligned with the ICSE guidelines, assessing comprehension and writing skills effectively. The workshop included discussions, group tasks, and interactive sessions that provided teachers with practical tools and techniques to enhance classroom delivery.

Overall, the session was highly informative, enriching, and motivating, equipping teachers with a better understanding of exam expectations and innovative methods to make English learning both meaningful and enjoyable for students.

Ms Mini Manuel



EMPOWERING EDUCATORS

KISA'S HISTORY AND CIVICS TRAINING SESSION

The Karnataka ICSE Schools Association (KISA) organised an ICSE History and Civics Training Programme for History teachers on 11th September 2025 at Sri Kumaran Public School, Mallasandra. The session was conducted by Ms. Rashmi Ramesh, a well-trained and experienced resource person from the Department of History. The six-hour training session brought together around 93 teachers from various ICSE schools across the state.

The session was highly meaningful and enriching, enabling teachers to become more proficient and resourceful in their approach to teaching. Participants engaged actively throughout the day, discussing the challenges faced during classroom instruction and sharing effective strategies to overcome them. The trainer provided insightful guidance on creating an effective teaching and learning environment that promotes better understanding among students.

A major highlight of the session was the discussion on important topics and question patterns that teachers should focus on to help students excel in the board examinations. The trainer elaborated on expected concepts, picture-based questions, situation-based questions, MCQs, and competency-based questions that are likely to appear in upcoming exams. She also offered detailed instructions on preparing error-free question papers and addressed common errors and inconsistencies found in various publications that often lead to confusion.

Additionally, Ms. Rashmi Ramesh highlighted the importance of modern learning tools and online applications in enhancing students' learning experiences. She introduced participants to new educational tools, methodologies, and digital approaches that can make teaching more engaging and effective.

The training session was informative, interactive, and highly beneficial. All participants left with renewed confidence, improved understanding of subject concepts, and valuable insights into innovative teaching methods that will undoubtedly strengthen classroom learning.

Mr Muniswami



ACTIVE CISCE MASTER TRAINING WORKSHOP 2025

The Active CISCE Master Training Workshop was held on 26th September 2025 at Gopalan National School. The event brought together around 40 enthusiastic Physical Education teachers and coaches from various schools for a day of learning, sharing, and inspiration.

The workshop was led by Mr Ajit Kumar, who guided participants through effective methods to assess students' physical fitness and development using year-end evaluation tests. These practical strategies will help schools better identify and nurture students' physical abilities.

The programme was efficiently organised by the PE Department of Gopalan National School, ensuring a smooth and enriching experience for all.

A heartfelt thanks to Rev. Fr Nilson Davis CMI, Principal of Christ School, for providing the opportunity to attend this valuable training session. It was truly a day of insightful learning and professional growth!

Mr Saravanan



GRATITUDE AND GRACE: HOLY MASS FOR CLASS 7

On 9th September, a solemn Holy Mass was celebrated at the Chapel of Christ School ICSE for the Catholic students of Class 7. The Mass was specially offered for the intentions and well-being of the students.

The Holy Mass was celebrated by Rev. Fr. Reji Koodpattu CMI, who delivered a heartfelt homily based on the Gospel of St. Luke 17:11–19 – “The Ten Lepers.”

In his sermon, Fr. Reji helped us realise that people often turn to God only in times of need and, once their prayers are answered, forget to thank Him. He inspired us to be like the Samaritan leper who returned to give thanks to God after being healed. The message reminded us of the importance of gratitude — to always remember to thank God not only in times of need but also after our blessings are received.

Jeanna Rose Jebin
Class - 7A



CELEBRATING THE LANGUAGE OF UNITY

HINDI DIWAS AT CHRIST SCHOOL ICSE

On the occasion of Hindi Diwas, Christ School ICSE organised a meaningful and inspiring celebration to honour our national language and to remind everyone of its vital role in uniting the nation.

Various competitions were conducted, in which students enthusiastically participated and showcased their talents. The events aimed to encourage students to use Hindi in their daily communication and to develop a genuine love for the language.

A special video presentation highlighted the importance of Hindi as a language of unity, culture, and tradition. It inspired students to take pride in speaking and promoting Hindi in their lives. A PowerPoint presentation followed, displaying the winners of the competitions and celebrating their achievements.

The celebration also included a social service initiative, where teachers collectively contributed an amount to be used for noble causes. This thoughtful gesture conveyed the spirit of service and sharing, aligning beautifully with the message of the day.

Our Respected Father Principal addressed the gathering with a thought-provoking speech on the importance of language in shaping one's identity. He emphasised that while all languages deserve respect, Hindi holds a special place as it binds us together as Indians. He encouraged everyone to preserve its rich heritage and to speak the language with pride.

The event concluded with a vote of thanks, leaving behind a deep sense of pride and responsibility among students and teachers to value Hindi and promote it in their everyday lives.

Apoorvan
Class 6 C



INTEGRATING ORIGAMI INTO MATHEMATICS LEARNING

A two-day workshop titled “Introduction to Math with Origami” and “Visualising Concepts in Mathematics with Origami” was conducted by the Department of Science and Humanities, Christ University, on 12th and 13th September at the Kengeri Campus.

Origami, the traditional Japanese art of paper folding, is not only a creative pursuit but also a fascinating gateway to understanding mathematical concepts. Through the practice of folding paper, participants explored ideas related to geometry, symmetry, algebra, and even calculus. The first session was conducted by Ms. Kavitha Deshpande, who explained how Origami can be effectively used to visualise mathematical concepts, especially in middle school mathematics.

Origami inherently involves geometric shapes and transformations. By folding paper into squares, triangles, and rectangles, learners develop a deeper understanding of angles, similarity, and congruence. In the afternoon session, Ms. Dassaseverova demonstrated how to fold regular polygons and explained how Origami can be used to teach fractions and ratios, helping to illustrate the concepts of division and proportionality.

On the second day, 13th September (Saturday), Ms. Kavitha Deshpande conducted a session on the application of Origami in high school geometry, which was highly informative. The afternoon session, led by Ms. Archana Morye, focused on parabolas and hyperbolas, offering practical methods to visualise these curves through paper folding.

The two-day workshop was both insightful and engaging, helping participants understand the significance of Origami as an innovative tool in mathematics teaching and learning.

Mr Hemachandran



MAPPING EXCELLENCE: KISA TRAINING FOR ICSE GEOGRAPHY TEACHERS

A Teachers' Training Programme on ICSE Geography – Syllabus Planning and Teaching Strategies was held on 13th September 2025 at Christ School ICSE, from 9:00 a.m. to 4:00 p.m. The session was conducted by Mrs. Tanima Boss, an experienced educator and resource person, and witnessed the participation of 100 Geography teachers from various ICSE schools across Karnataka.

The workshop aimed to empower teachers with effective strategies for syllabus planning, classroom delivery, and assessment aligned with ICSE board expectations. Mrs. Boss emphasised the importance of time management, connecting theory with practical application, and beginning the academic year with conceptually simple chapters to build student confidence.

Teachers were encouraged to incorporate local Indian examples, integrate numerical and data-based analysis, and frame reasoning-oriented questions to develop critical thinking. The session also offered valuable insights into question paper design, exam trends, and map-based learning.

The training concluded with teachers sharing their experiences and key takeaways. The session proved highly informative, practical, and enriching, equipping educators with innovative methods to make Geography teaching more engaging, analytical, and aligned with 21st-century learning goals.

Ms Pronita Kindo



COMPETENCY-BASED LEARNING AND 21ST CENTURY SKILLS

A session on Competency-Based Learning and 21st Century Skills was conducted on 20/9/2025 for the teachers to highlight the core framework of competency-based learning, which integrates knowledge, skills, attitudes, and values into the teaching process.

The resource person Ms. Akila Victoria Martin, emphasized that traditional memorization approaches are no longer sufficient to prepare students for the challenges of the modern world. Instead, competency-based education focuses on mastery of skills and personalized pathways that foster problem-solving ability and innovation among students. The session laid a special emphasis on fostering collaboration, creativity, communication, and critical thinking that are recognized as vital 21st century skills. The participants were introduced to methods for assessing competencies not only through academic performance but also through real-life applications and reflective practices. An interactive discussion highlighted how teachers can design curriculum strategies aligned with global demands, ensuring that students develop adaptability, resilience, and ethical decision-making abilities.

Overall, the session underscored that competency-based learning is not just a pedagogical shift but a strategic approach to nurturing lifelong learners capable to thrive in the knowledge-driven 21st century to face the future challenges and opportunities.

Ms Meenakshi



BREAKING THE STIGMA AROUND MENTAL HEALTH

"It's okay to not be okay..."

As part of World Mental Health Day, celebrated on 10th October, the Counselling Department organised a special talk on "Breaking the Stigma Around Mental Health" for the students of Classes 8, 9, and 10.

The session aimed to raise awareness about the importance of mental well-being and to encourage open conversations surrounding mental health.

The resource person, Dr. Jagadeesh Chander, delivered an insightful and engaging session, emphasising that acknowledging emotions, seeking help, and supporting one another are vital steps towards building a compassionate and understanding community.

The talk offered valuable takeaways, helping students realise that mental health is just as essential as physical health.

Lisha Paul
Class - 8H



WORLD MENTAL HEALTH DAY AT VISVESVARAYA INDUSTRIAL AND TECHNOLOGICAL MUSEUM

On Friday, 10th October 2025, members of the Peace and Harmony Club attended a workshop organised on the occasion of World Mental Health Day at the Visvesvaraya Industrial and Technological Museum, Bengaluru.

The session was conducted by Ms. Devyani Bhattacharya, a psychologist, who spoke about the importance of mental health and its connection to physical well-being. She also explained the difference between mental health and mental illness and shared useful tips such as relaxation and grounding techniques.

After the insightful workshop, we explored the museum, where several fascinating working models and projects were displayed. It was both an enjoyable and informative experience.

We extend our heartfelt thanks to our Principal, Rev. Fr. Nilson Davis CMI, for giving us this opportunity, and to the Peace and Harmony Club in-charge teachers for guiding us throughout the workshop.



Jovita Inbaraj
Class - 6B



FUN WITH NUMBERS

The Mathematicians Club conducted an exciting and interactive session titled “Fun with Numbers” on October 15, 2025, for students of Classes 6 to 9. The session was led by Mr. Koshy Zachariah N, Founder and Principal Partner of NELSAD Associates, who is known for making mathematics fun and accessible for students.

The session was filled with number-related magic tricks, puzzles, and hands-on activities, which kept the students engaged and eager to participate. Through clever demonstrations and interactive challenges, children explored mathematical concepts in a playful and creative way. Many activities involved mental calculations, pattern recognition, and logical reasoning, allowing students to enjoy learning while thinking critically.

The atmosphere was lively and cheerful, with students actively participating, solving problems, and cheering for each other during the activities. The session successfully showed that mathematics is not just about numbers on paper, but also about discovery, curiosity, and imagination.

By the end of the session, students were inspired and motivated to look at mathematics in a new light — as a subject full of fun, creativity, and endless possibilities. It was truly an enriching experience that blended learning with enjoyment, leaving everyone with a memorable and joyful experience of numbers.

Aadya .A.M
Class - 9F
Mathematics club



CREADORA 2K25

A JOURNEY THROUGH INNOVATION

Our school recently hosted its much-awaited Science Exhibition, “Creadora 2K25,” a celebration of creativity, innovation, and scientific curiosity. The event provided students with a platform to present our ideas and experiments that reflected the spirit of science and discovery.

The exhibition was inaugurated by our distinguished Chief Guest, Mr. Sai Doma, Director, The Times of India. He highlighted how young minds can bring change through science and technology and encouraged us to keep exploring and thinking creatively.

Among the many fascinating exhibits, my team and I presented our project titled “The Super Smart Segregation Bin.” The idea behind our exhibit was to create a smart dustbin that could automatically segregate waste into biodegradable and non-biodegradable categories using sensors and simple programming. I worked on this project with my two best friends, Shushil and Sadhashiva. Together, we spent weeks planning, testing, and improving our model.

During the preparation, we faced several challenges. Some sensors didn't work properly at first, and we struggled with the coding part, and finally made it work successfully. This experience taught us the true value of teamwork, patience, and problem-solving.

Overall, Creadora 2K25 was not just an exhibition—it was a journey of learning and discovery. It gave every student an opportunity to innovate, explore, and grow. For me, it was an unforgettable experience that strengthened my love for science and teamwork.

Soham M S
Class 9 F





IRIS- 2K25

Christ School
in the newly
of creativity
from all
made this

The exhibition showcased an impressive collection of paintings, sketches, models, and craftwork. Each piece reflected the individual effort and creativity of the students. The room was arranged beautifully, with artworks displayed neatly to ensure that every creation received the attention it deserved. Visitors were delighted by the variety and quality of the exhibits.

Both parents and students participated in the event, with parents contributing their own artwork and showing great enthusiasm throughout. Their involvement made the exhibition even more special and helped strengthen the bond between home and school.

Sincere thanks are extended to our Principal, Fr. Nilson Davis CMI and our Vice Principal Fr. Reji Koodappattu CMI for the constant encouragement and support that made the event possible.

A heartfelt note of appreciation goes to the art teachers for their hard work and dedication in planning, organizing, and arranging the exhibition. Their efforts ensured that everything was displayed attractively and that the event was a smooth success.

The exhibition was an inspiring celebration of art at Christ School ICSE, highlighting creativity, collaboration, and community spirit.

ICSE recently held its Annual Art Exhibition, IRIS 2K25 built St. Mary's Block. The event was a wonderful display and imagination, featuring the artistic talents of students grades. The involvement of more than 300 participants year's exhibition one of the largest we have had.

Niharika Sarah
Class 10A



DELHI DIARIES

A CLASS 10 ADVENTURE TO REMEMBER!

The Class 10 students of Christ School ICSE embarked on a six-day educational tour to Delhi and Agra from 2nd to 7th October 2025—a journey filled with excitement, learning, and unforgettable memories.

The group departed from Bengaluru by Rajdhani Express, beginning a lively 33-hour journey packed with games, laughter, and fun aboard the train.

On Day 3, upon arrival in Delhi, students checked in at Ashok Country Resort and enjoyed a royal breakfast. Visits to the Qutub Minar and India Gate followed, with a special moment at the Next of Kin ceremony at the War Memorial. The group then explored Lajpat Nagar Market and Dilli Haat, where vibrant handicrafts and local delicacies added colour to the day. A lavish lunch at Barbeque Nation and a relaxing evening at the hotel concluded the day.

Day 4 began with Holy Mass, followed by sightseeing at the Red Fort and shopping at Sarojini Nagar Market. The visit to the Akshardham Temple and its spectacular light show was a highlight.

On Day 5, the group travelled to Agra, enjoyed lunch at DoubleTree by Hilton, and visited the majestic Agra Fort and the Taj Mahal, where rain added a touch of magic. The stay at the Hotel PL Palace was comfortable and elegant.

On Day 6, the tour concluded with a grand lunch at Pirates of Grills, Ambience Mall, followed by the return flight IndiGo 6E-2327 to Bengaluru.

The trip beautifully blended history, camaraderie, and joy—truly an adventure to remember!



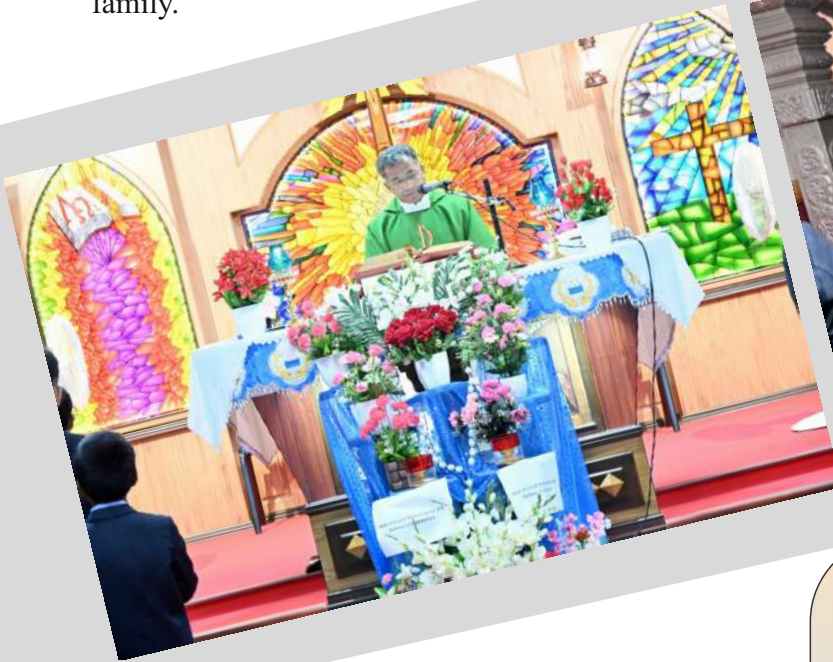
Isabella Anto
Class - 10 A



A BLESSED EXPERIENCE: THE CLASS 6 HOLY MASS

The Holy Mass celebrated for the students of Class 6 at Christ School ICSE was a truly peaceful and meaningful experience. As the students entered the hall, a calm and sacred atmosphere welcomed them. The altar was beautifully decorated, and the melodious hymns sung by the choir filled everyone's hearts with joy and devotion.

The Mass reminded all of how fortunate they are to study in a school that values spiritual growth along with academics. The prayers, readings, and songs helped the students feel closer to God. The priest's homily, which spoke about love, kindness, and gratitude, inspired everyone to practise these values in their daily lives—with friends, teachers, and family.



During the quiet moments of prayer, many students felt a deep sense of peace as they prayed for their parents, teachers, and for strength to do well in their studies and responsibilities. It was a touching sight to see the entire Class 6 community—students and teachers—praying together as one family.

By the end of the Mass, everyone felt refreshed and filled with happiness. The Holy Mass was not just a religious celebration but a beautiful reminder that God is always with us, guiding and blessing us each day.

Ameya Saji
Class 6 A



CLASS VI SPECIAL ASSEMBLY ON "MINDFULNESS"

On 29th October, the students of Class VI organized a special assembly on the theme "Mindfulness" in our School Silver Jubilee hall. The event was graced by the presence of our Father Principal, teachers, classmates, and a group of German students along with their Principal and teachers, whose presence added an International touch to the occasion.

The assembly began with a warm welcome and a short prayer, setting a serene and positive tone for the morning. Students then delivered an enlightening talk on mindfulness, highlighting how it helps one stay calm, focused, and positive. They also demonstrated simple mindfulness exercises such as deep breathing, observing the present moment, and expressing gratitude.

To make the session more engaging, students presented a dance performance, a mime act, and a short skit, beautifully depicting how mindfulness can be practiced in daily life. A visual presentation further showcased creative ways to incorporate mindfulness at home and in school.

The presence and encouragement of our Father Principal, teachers, and guests made the event truly memorable. We sincerely express our heartfelt gratitude to our teachers for their steadfast guidance and to our Father Principal, whose inspiring leadership and support made this event a remarkable success.

The assembly concluded with the message that mindfulness helps us think clearly, stay happy, and be kind towards others.

Heba Mariam
Class - 6B



A JOURNEY THROUGH HISTORY, CULTURE, AND FUN: OUR HYDERABAD EDUCATIONAL TRIP

Our educational trip to Hyderabad was one of the most exciting and unforgettable experiences of my life. Over the course of three wonderful days, we explored new places, learnt fascinating things, and created memories that will stay with us forever.

On the first day, we stepped into a world of ice and adventure at Snow World, which felt just like a winter wonderland. The icy air, sparkling white snow, and cheerful snowball fights made it an unforgettable experience. Sliding on the ice and dancing to energetic DJ beats surrounded by snow added to the thrill. Later, we visited the majestic Golconda Fort, an architectural marvel that stands proudly with centuries of history. Though climbing to the top was tiring, the panoramic view of the city made every step worthwhile.

The second day was a dream come true as we spent it at Ramoji Film City. It felt like walking into the enchanting world of cinema. We explored grand film sets, beautifully landscaped gardens, and enjoyed exciting rides. Watching how movies are created behind the scenes was truly fascinating. Every corner held a surprise, and we couldn't resist capturing the beauty of the place in countless photographs.

On the third and final day, we visited the iconic Charminar, the heart of Hyderabad. The bustling streets, vibrant shops, glowing lights, and the irresistible aroma of Hyderabadi biryani made the atmosphere lively and unforgettable. We bought souvenirs, tasted delicious local snacks, and clicked many pictures with our friends.

Our trip to Hyderabad was not only educational but also filled with fun, laughter, and friendship. It strengthened our

bonds and
gave us
precious
moments
that I will
treasure
forever.



Ekjot Kaur
Class - 9A



A DAY OF FUN AND ADVENTURE AT WONDERLA

On 31st October, our school organised an educational and recreational trip to Wonderla, Bangalore. The excursion was a perfect blend of joy, excitement, and togetherness. The moment we stepped into the park, an atmosphere of cheerfulness and celebration surrounded us, setting the tone for a delightful day ahead.

The day was packed with fun and adventure. The variety of land and water rides offered everyone an opportunity to experience thrill and enjoyment. Laughter echoed all around as students splashed in the water and enjoyed the different attractions. The beauty of the surroundings and the well-maintained environment added to the charm of the place.

The staff were courteous and ensured complete safety and order throughout the visit. We enjoyed a delicious lunch and spent time exploring, playing, and capturing wonderful moments with friends and teachers.

The trip to Wonderla was truly a memorable experience that refreshed our minds and filled our hearts with happiness. It was a delightful day that strengthened our sense of joy and appreciation for shared experiences.

Chiranth
Class - 8F



A DAY OF FUN, ADVENTURE, AND DISCOVERY AT FUN WORLD AND BANGALORE AQUARIUM

On 31st October, the picnic to Fun World and the Bangalore Aquarium turned out to be one of the most exciting and memorable outings ever. Fun World offered a perfect mix of thrilling land rides and refreshing water games that filled the day with laughter, excitement, and endless joy. The water rides, especially, created unforgettable moments as everyone splashed, cheered, and enjoyed the adventure together. Being surrounded by friends made every experience even more special.

The visit to the Bangalore Aquarium added a magical touch to the picnic. Colourful and unique fishes swam gracefully in beautifully arranged tanks, each one capturing attention with its vibrant patterns and unusual shapes. Some resembled tiny rainbows, while others looked wonderfully quirky, making the entire place feel like an enchanting underwater world.

The picnic was not only filled with fun, but also enriched with learning, discovery, and friendship. It was a day that will remain cherished for a long time, sparking excitement for more such delightful trips in the future.

Hannah Beslin
Class - 4A



BEYOND THE BASICS:

ORIENTATION PROGRAMME FOR THE PUBLIC SPEAKING AND LITERARY CLUB

On the 30th of October, the students of the Public Speaking and Literary Club attended an enriching orientation session centred on building confidence and discovering one's true voice. The programme proved to be highly engaging and insightful for all the young, bright minds who participated.

The session was conducted by the inspiring, young, and dynamic speaker Ms Zoya Khan. A passionate public speaker and orator, Ms Zoya firmly believes in the power of words to inspire, influence, and bring about meaningful change. She has presented her research papers at various national and international conferences on themes such as women empowerment, finance, and sustainability-reflecting her vision of a more inclusive and progressive society.

As a speaker, Ms Zoya emphasises that public speaking is not about achieving perfection but about being genuine-expressing one's thoughts with honesty, clarity, and passion. Through her journey, she continues to motivate young learners to speak fearlessly, think deeply, and trust in the impact of their own voice.

Her youthful energy and warmth enabled her to connect effortlessly with the students, making the session lively, fun, and highly interactive. The key takeaways of the programme included strategies to overcome stage fright, cultivate confidence, and accept that making mistakes is perfectly natural, whether one is a speaker or a writer.

By the end of the day, every student left with valuable lessons and a renewed sense of self-belief. The session truly transformed their perspective on confidence and personal expression.

The event was a resounding success, and we extend our heartfelt gratitude to Rev. Fr. Nilson Davis CMI and the club in-charge teachers for organising this meaningful programme.

Maria Beslin
Class - 9A



DIPAPRABHAOTSAVAH - 2K25

Christ School ICSE celebrated Dipaprabhaotsavah – 2K25, the Festival of Lights, on 27th October 2025 at 5:00 p.m. The event commenced with the lighting of the lamp and diyas, signifying the triumph of light over darkness. The celebration included a warm welcome address, captivating dance performances by students and teachers, and an inspiring message from Rev. Fr. Nilson Davis, CMI, Principal. The programme concluded with a heartfelt vote of thanks, followed by sweet distribution and vibrant fireworks, creating an atmosphere of joy, unity, and festive spirit among all present.

Aradhya Rao
Class - 6H



INDO-GERMAN STUDENT EXCHANGE PROGRAMME 2025

CHRIST SCHOOL CISCE, BENGALURU IN COLLABORATION WITH MARIA-WARD-REALSCHULE, NEUBURG, GERMANY

The Indo-German Student Exchange Programme 2025 marked a significant milestone in Christ School CISCE's commitment to global education and intercultural collaboration. Conducted in partnership with Maria-Ward-Realschule, Neuburg, Germany, the programme was envisioned as a platform to promote international understanding, mutual respect, and collaborative academic engagement. Months of planning between the two institutions culminated in an initiative that allowed students from both countries to deeply experience each other's culture, educational environments, and community life, reflecting the school's dedication to nurturing globally responsible citizens.

A delegation from Germany comprising seventeen students arrived with their Principal, Ms. Petra Schiele, along with Ms. Alexandra Nikolic, teacher and Mr. Michael Andreas Jaschek, parent representative. An equal number of students from Christ School CISCE were selected as partners. The collaboration created opportunities for students to learn together, explore together, and engage in meaningful cultural and academic exchanges.

The programme offered several enriching benefits to the participants. Students developed intercultural competence by observing and engaging with diverse cultural norms and communication styles. Their understanding of global citizenship was strengthened through shared experiences that fostered tolerance, empathy, and respect. Academically, they explored a wide range of subjects through structured sessions in art, music, science, social studies, and environmental studies. Language skills were naturally enhanced as German students participated in English-based sessions, while Indian students had earlier familiarised themselves with basic German expressions. The programme also promoted holistic development through travel, exposure to social settings, university visits, and interactive learning—all of which contributed to their social, emotional, and intellectual maturity.





A key highlight of the exchange was the collaborative project work undertaken by the Indian and German students. They worked together on topics such as used paper recycling, rainwater harvesting, and sewage treatment processes, gaining insights into sustainability practices and real-world problem-solving.

The German delegation reached Bengaluru on 28 October 2025 and received a warm welcome from the school and host families. The formal Welcome Ceremony held on 29 October 2025 was graced by Rev. Fr. Nilson Davis CMI, Principal; Rev. Fr. Reji Koodapattu CMI, Vice Principal; the German principal and faculty; and the parent representative. The event included an introduction of the visiting delegation. A Bavarian cultural song by the German students added a memorable international flavour to the occasion.

During their stay, the delegation participated in a thoughtfully curated series of activities designed to provide balanced exposure to academics, culture, and community life in India. They joined classroom sessions in English, History, Art, and Music; visited school exhibitions like Creadora 2K25 and Iris 2K25; explored prominent academic institutions such as Christ University, Kristu Jayanti University, Dharmaram College, Kengeri Devadan University and Christ group of schools; and undertook visit to Bannerghatta National Park, Mysore and Bangalore Darshan. A visit to St. Mary's Farm provided practical understanding of dairy processing, animal husbandry, and plantation systems. The students also engaged in sports activities, interacted with Swedish exchange students, and toured the campus at Kengeri PU college. A meaningful community outreach experience at Ashwas helped them appreciate the value of service and social responsibility.

The programme concluded with "Fernweh Fiesta – Until We Meet Again," a heartfelt farewell event featuring cultural performances, reflections, speeches, and a video capturing memorable moments of the exchange. After an evening of celebration and gratitude, the German students departed for Munich, marking the end of an unforgettable chapter while strengthening the bond between the two institutions. The partnership continues with the upcoming reciprocal visit of Christ School CISCE students to Germany in April, promising further academic and cultural enrichment.

The Indo-German Student Exchange Programme 2025 was executed with remarkable coordination, academic depth, and cultural sensitivity. It successfully achieved its purpose of fostering global awareness, strengthening institutional partnerships, and providing students with transformative learning experiences. Christ School CISCE remains committed to expanding such international collaborations in pursuit of holistic education.

Ms Ravija





MAHI CHOUDARY
Class -9 E

SWEET MEMORIES

The ones that are never forgotten,
The ones that hold a soft corner in our hearts,
Always kept safe and sound -

Those are sweet memories.
The ones that bring short giggles,
At times bring wide smiles,
While some bring tears and cries-

Those are sweet memories.
At times they happen,
At times they are made,
Yet they always remain the same -
Those are sweet memories.



Achievements



Yuktha Rai (Class 9)

was selected for the NCC Pre-RDC Cultural Event held at Air Force Station, Jalahalli, Bangalore.



Shehzin Muhammed M (Class 8)

secured Third Place (Under-17) in the CISCE National Level Karate Tournament 2025–26.



Tushanth (Class 9)

won Second Place (Under-19) in the CISCE National Level Karate Tournament 2025–26.



Yuvanesh (Class 8)

represented Zone 3 in the CISCE Karnataka-Goa Regional Chess Tournament, and the team secured Second Place.



Agney N Nair (Class 8)

represented Zone 3 in the CISCE Karnataka-Goa Regional Chess Tournament, and the team secured Second Place.



Tarun B (Class 6)

represented Zone 3 in the CISCE Karnataka-Goa Regional Chess Tournament, and the team secured Second Place.

Congratulations

SMART CLASS AWARD FOR THE MONTH OF AUGUST



Class : I C
Associate Teacher : Ms Mary Shobha
Class Leaders : Syrandry Swaroop
Koushik N



Class : II E
Class Teacher : Ms Sheryl Stephen
Class Leaders : Dhruthika
Sebastian



Class : III G
Class Teacher : Ms Jessymol George
Class Leaders : Devasenan
Ezza



Class : IV E
Class Teacher : Ms Avinashree
Class Leaders : Gaurav Pujar K J
Narayani Rawat



Class : V F
Class Teacher : Mr Akshay P
Class Leaders : Tejash P Shetty
Shreeja Kotari



Class : VI B
Class Teacher : Ms Raabiya Nikath
Class Leaders : Adhrit Reddy Maddhi
Heba Mariam



Class : VII E
Class Teacher : Ms Veronica Pramila
Class Leaders : Layaa S
Edwin Xavier M



Class : VIII C
Class Teacher : Mr David Raja
Class Leaders : Rithima S Nair
Kevin Joel P



Class : IX C
Class Teacher : Mr Hemachandran
Class Leaders : Jayrite C Pradeev
Abina Babu



Class : X A
Class Teacher : Ms Tintu Kurian
Class Leaders : Harish C
Sasha Manuel M

CONGRATULATIONS



Favourite

Colour : Blue Green

Movie : Air lift

Food : Hyderabadi biryani

Book : RK Narayan Malgudi days

Subject as a student : Mathematics

*Quote/Motto in life: We are born
to shaped and fashioned to do
what we live*



Name:

Asha Rani. TL

My Educational Background:

**B. Sc., B. Ed, M. Sc in IT
and M. Sc in Math**

My Birthday: 23rd May
Zodiac: - Virgo

A little about myself:

*I am from Tumkur. I married
and settled in Bengaluru.
I am passionate and self- motivated.*

My hobbies:

Painting, Explore New place

Quality I admire about myself :
Bold

Ambition as a kid:
Doctor

Dream destination:
Switzerland





Favourite

Colour : White

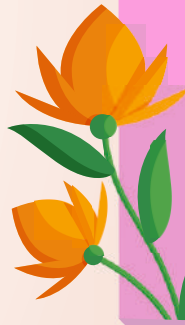
Movie : Titanic

Food : Masala Dosa

*Book : The Story of My Experiments
with Truth by Mahatma Gandhi*

Subject as a student : English

*Quote/Motto in life: "The Best Way
to find yourself is to lose yourself
in the service of others"*



Name:

Cyril. Joseph B

My Educational Background:

**M.A., B.Ed., M.Phil. K.TET,
C.TET, SET**

My Birthday: 12th November

Zodiac: -

A little about myself:

*I'm Cyril. B, an English Teacher with a
strong academic background and a passion
for language, literature, and education.*

My hobbies:

*Reading, Participating in literature festivals,
traveling, and playing the piano*

*Quality I admire about myself :
Compassion*

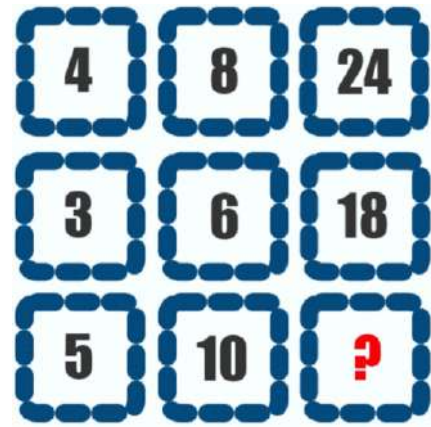
*Ambition as a kid:
To be an Advocate*

*Dream destination:
Be an assistant professor
in English*



PUZZLE FOR THE MONTH OF AUGUST

Find the missing
Number in the box



To enter for a chance to win:

- ✓ Answer the riddle correctly and send it at the earliest.
- ✓ You can send your answer by tomorrow - 26 November, 2025 by 4:00 p.m.
- ✓ The first 10 correct answer shall be awarded with the E-certificates.
- ✓ Your time starts from today (25.11.25) at 04:00 p.m. and ends by tomorrow (26.11.25) at 4:00 p.m. Late answers will not be entertained.
- ✓ Mail your answers to:

christnewsletter2015@gmail.com

- ✓ Mention your NAME, CLASS, SECTION. Attach your photograph in school uniform.

Puzzle Winners



S. Ahana
Class - 1C



Rozanne Freddy
Class - 1H



Arishfa Alvia A
Class - 1F



Ditya M Gowda
Class - 2C



Aryan M
Class - 3B



Jovin Jipson
Class - 4G



Rohan R
Class - 5E



Syed Farhan
Class - 6G



Joshua Paul Vijay
Class - 8G



Nandita Maria Julia
Class - 10 C

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